

# ASBURY CIRCUIT RIDER

Volume 2 Issue 13

March 13, 2022

## Fish (You feed them)



"You feed them" is a calling heard by chefs, cooks, parents, hospitality workers, and more. More of us have responded to this call than haven't — if only for a one-time occasion. Food is part of daily life except when other circumstances get in the way. For some, fasting keeps us from the supper table. For others, availability creates a barrier that keeps them from eating. Nevertheless, food is essential for life.

There are approximately 95,000 persons living in the City of Flint. If each person eats three meals a day,

Page 6

## Stew (Turn "what" into a meal?)



I was diagnosed with myopia shortly after I started High School. I noticed that I was having trouble reading what the teacher was writing on the chalkboard. Worse, I

couldn't see the scoreboard from mid-court. So the coach had to yell out how much time was on the clock if I had the ball too far away from the game clock.

The solution for the classroom was for me to wear corrective lenses. But I never got accustomed to wearing glasses on the basketball court. This frustrated my coach, but at least it kept us talking during games.

As I grew older, my distance vision got worse, and a correction was the only option. After a few laser surgeries, including removing

Page 2



Please continue to wear your masks when in the building. If you don't have one, let us know we will provide one for you.

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### Inside this issue:

Fish	1
Stew	1
In Our Prayers/Coming up this Week	3
Asbury Worship Series – Hungry	4
Pastor's Book Club	4
Leadership in Worship & Service	4
Asbury Worship Series	5
Fish	6
Stew	7
Small Group Questions & Notes	8
Feed Flint	9
Feed Flint	10
SFSK March Dates	11
Asbury Veggie Boxes	12
Fish	13

cataracts, I can pass the vision test when I renew my driver's license. But I have to close one eye to do so.

I keep a pair of glasses in my truck that I often wear while driving at night. The crisper view further ahead of my path gives me comfort. The problem is that everything inside the truck is blurry. I have to remove my glasses to make out the directions on my GPS.

Seeing whatever is in front of our faces and recognizing things in the distance are both important. It's hard to place one over the other. So I'm grateful for the sight that I have.

In a 2015 article for BBC, David Robson shares his discovery while researching why he needed an increasingly stronger prescription to see at a distance. His article sums up the possible causes for myopia in an increasing number of persons. "Short-sightedness is an industrial disease," says Ian Flitcroft at Dublin Children's University Hospital. <sup>1</sup>

More research is necessary to help uncover the solution to prevent myopia. Meanwhile, the consensus is that spending more time outdoors correlates with better eyesight. The usual suspect of too much reading was ruled out by researchers. So keep on reading and spend time outdoors whenever possible.

But there's another form of myopia that eyeglasses can't correct. And it is nearsightedness that affects every one of us at different times. This myopia describes our

reluctance to look out into the future beyond the choice facing us at the time. However, for many, the problem is not their physical limitations. Instead, they're faced with a necessity to focus on the immediate. And don't have the luxury of considering the future cost.

The story of Esau selling his birthright for a pot of stew reads like an episode in a situation comedy. The twin brother Jacob has a pot of lentil stew on the burner when Esau returns from a hunting trip hungry. The smell of dinner cooking aroused Esau's desperation for a meal, and he pleaded with Jacob to share.

Unfortunately, Jacob was a plotter. You know the type. Usually, a step ahead when negotiating with unsuspecting victims and always calculating a way to gain an advantage. Esau was the firstborn in a culture that used birth order in determining inheritance. The penalty was steep for second place.

Jacob offered to share his stew with his brother, but there was a catch. "Trade me your inheritance, and the stew is yours," said Jacob. What would possess a person to overpay by such a large amount just to satisfy their hunger at the moment? The answer, of course, is complicated.

The easy, stereotypical answer is that Esau simply wasn't very bright. While Esau was strong and a skilled hunter, he sat in the classroom with other students struggling

to grasp the lessons. Esau didn't bother to consider the consequences or the cost, not seeing more than a few minutes ahead. This scenario puts Jacob in the role of predator, taking advantage of his not-so-smart brother. Undoubtedly, this scenario gets played out every day and billed as an ordinary course of doing business.

The more complex interpretation, which is more likely because it is widely applicable, involves human nature. We are all Jacob and Esau at different times, depending on our own circumstances.

First, let's take Esau's claim that he was hungry enough to be desperate at face value. Food is necessary for survival, and after missing enough meals, our body's craving intensifies as a means of survival. Do you remember the long lines replayed on the evening news during the early days of the pandemic? Do you recall the near-empty shelves even in the big box grocery stores and meat and toilet paper rationing?

Parents are willing to sacrifice anything to feed their children. Hunger brings desperation that creates necessary nearsightedness intended to protect us from starvation. Our brain ensures that our focus is on satisfying our needs, and our creative energies collectively work on a solution. This scene gets played out every day in communities suffering from food insecurity.

**In Our Prayers**

Kevin Croom  
 Sylvia Pittman  
 Shirley Craig  
 Richard Oram



**FRIENDS AND LOVED ONES WHO ARE HOMEBOUND OR IN NURSING CARE**

Nancy Elston      Elaine Lamoreaux  
 Norma Buzzard      Mary Nations

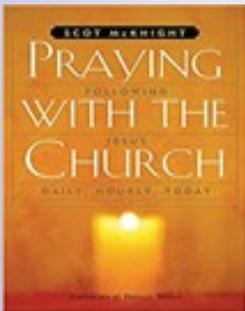
**COMING UP THIS WEEK**

**PASTOR BOOK CLUB NEWS**

Pastor Book Club is still meeting via Zoom. Please call the Church Office for more info 810-235-0016 as it changes.

Meanwhile, as a lot of you are already aware, sharp increases in new infections of COVID are pushing us back into isolation. While our regular attenders are vaccinated, we realize that a large number of persons are not vaccinated.

Therefore, we reinstated our policy to require masks in our building for all persons when not eating or drinking. If you don't have a mask, we can provide one for you, just ask the office.



This month's book series is called, "Praying with the Church" by Scot McKnight.

Thank you and everyone stay safe!

**WELCOME REVEREND JEREMY!**

- Mar 14 Mon 6:00pm Worship Team
- Mar 15 Tues 10:00am-12:30pm  
Food/Water Distribution
- Mar 16 Wed 12Noon Pastor Book Club  
Food Giveaway (no appts needed) at  
South Flint Soup Kitchen (810-239-3427)
- Mar 17 Thu
- Mar 18 Fri Asbury Open Mic  
6:30pm Door Opens  
7:00pm Show Starts
- Mar 19 Sat 12Noon Food Not Bombs
- Mar 20 Sun 10:30am  
New Beginnings  
Contemporary Worship

(We are live on [Facebook](#) and our newly launched [YouTube channel](#). You can find these links along with more information about us on our website at [FlintAsbury.org](http://FlintAsbury.org).)



Feedflint hoop house ready for harvest ... credit Asbury Farms

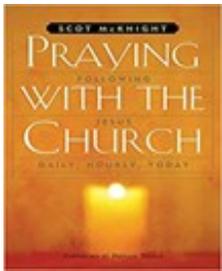
The Season of Lent is a special time of year for the church. The diversity of ways in which churches around the world experience this season offers insight into the different ways that people experience the holy. For many, Lent represents a time of struggle illustrated by giving up favorite foods after celebrating Fat Tuesday with their favorite Paczki or other treats.

Take a trip through Wikipedia's commentary on Fat Tuesday, and you learn about a few of the different ways Christians celebrate on the day before Lent begins. For example, did you know that Queen Elizabeth is more likely to call it "Pancake Day?" But why all this talk about food as preparation for celebrating Lent?

Page 5

## Book Club News

Our group finishes with *Postcards from Babylon* on the first Wednesday in March. Our next selection, *Praying with the Church* by Scot McKnight, will take us through Holy Week. Altogether we plan to spend seven weeks with this book.<sup>1</sup>



Prayer is a practice that the vast majority of us have in common. Although we pray in many ways and for vastly different reasons, there are common elements. Chief among them is a lingering doubt about whether how we pray affects the outcome.

Let's answer this question upfront — it doesn't. However, attitude is critical. And Jesus tells us that persistence is essential. Nevertheless, we all can use some work in this area of our spiritual lives.

Whether you're a regular on Sunday mornings, only attend on an occasional holiday, or don't cross the threshold of a church building without coercion, there is something for everyone in this conversation.

For these conversations, we join with three other Flint area churches. We're planning two sessions each Wednesday. Our regular Noon sessions are co-led by Pastor Jeremy from Court Street. A 2nd session is planned for Wednesday evenings, led by Pastor Carol from Hope and Pastor Greg from Calvary. Both sessions follow the same outline so you can attend whichever sessions best fits your schedule from week to week.

The write-up found on Amazon has this to say about our next book: Scot McKnight, best-selling author of *The Jesus Creed*, invites readers to get closer to the heart of Jesus' message by discovering the ancient rhythms of daily prayer at the heart of the early church. "This is the old path of praying as Jesus prayed," McKnight explains, "and in that path, we learn to pray along with the entire Church and

not just by ourselves as individuals." *Praying with the Church* is written for all Christians who desire to know more about the ancient devotional traditions of the Christian faith, and to become involved in their renaissance today.

Professor McKnight has published over 80 books in his 40 plus years as a teacher and theologian. He is known for getting to the heart of theological concepts through practical and memorable illustrations from everyday life. In his book, we're invited to learn about the prayer practices of Jesus. In addition, our study takes a peek at prayer practices among Orthodox Christians, Roman Catholics, and Anglicans.

If you prefer to avoid groups or live too far away, I encourage you to join us online for our Wednesday gatherings. Alternatively, you can call in by phone, be heard, and hear what others say by calling (929) 436-2866 - enter the meeting ID, 282 039 5568#.

We are a diverse group, delighted when new people join us. I hope that you will join in on our discussion.

You can contact our office with questions, by phone or simply type your question on our website's homepage — [FlintAsbury.org](http://FlintAsbury.org).

Pastor Tommy

<sup>1</sup>Scot McKnight. *Praying with the Church*. Brewster, MA: Paraclete Press, 2006.

## Leadership in Worship & Service

Tony, Mirium	Welcome Team
Anthony, Jim	Ushers
Jonathon, Terrance	Production Team
Miriam	Children
Cyndi	Worship Leader
Christine & Norma	Cafe

### Asbury Staff

Rev. Dr. Tommy McDoniel	Pastor & Exec Dir
Connie Portillo	Office Manager
Sylvia Pittman	Empowerment Arts
Jim Craig	Board & Leadership Chair
Kevin Croom	Exec Chef & Dir Opers
Matt DePalma	Farms Manager

Chris Freeman	South Campus Bldg Mgr
Israel Unger	Finance Director
Kim Sims	Connections Suprv
Terrance Williams	Arts Center Mgr
Katelin Maylum	Sr Mgr Local Food



*"Hungry"... Asbury Worship Series ...cont from pg 4*

We launch our new series on Wednesday, March 2, with an Ash Wednesday service at 6 PM. Our message for our kickoff is called *Rocks*, which reflects the temptation of Jesus in the wilderness when Satan tries to get to Jesus through his empty stomach. Jesus doesn't fall for it, but this wasn't a bad attempt on Satan's part. We tend to make bad decisions when we're hungry.

Speaking of hungry. Did you know that a substantial number of families living in the City of Flint experience food insecurity daily? This means that these families face significant obstacles when putting meals on their tables. Now, this is a problem under any circumstances, but for the residents of Flint, access to nutrition is crucial. A state of emergency was declared in January 2016 due to a series of water contamination problems that included lead leaching into public drinking water.

No one knows how many of the nearly 100,000 Flint residents were affected by drinking lead-tainted water. However, healthcare professionals estimate that between 6,000 to 12,000 children were likely exposed to lead.

According to a study published by Genesys Medical Center, childhood lead poisoning has serious health consequences and disproportionately affects vulnerable children and pregnant mothers. In addition, lead poisoning is irreversible and affects many developmental and biological processes.

Lead exposure is linked to lowered IQ (intelligence), reduced academic achievement, behavior problems such as Attention Deficit Hyperactivity Disorder (ADHD), lack of impulse control, aggression, and more. The Flint Water Crisis will have lifelong, multi-generational consequences.

While there's no actual cure for lead poisoning consuming a balanced diet rich in particular nutrients has been found to mitigate most of the adverse effects of lead. This is encouraging news that brings hope. Except that too many families can't access this life-saving antidote that most of us take for granted.

FeedFlint is focused on breaking down the barriers that create food insecurity for residents of Flint. Asbury Farms turns blighted, vacant properties into gardens of fresh fruit and vegetables. Our produce is distributed through numerous restaurants and partner organizations, including the South Flint Soup Kitchen, Asbury Community Help Center, FlintFresh, the Latinx Center, Boys and Girls Club, Hurley Food Pharmacy, and Oak Street Health.

**Learn how you can help at [FeedFlint.org](http://FeedFlint.org).**

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Lent is much more about what we're gaining than what we're giving up. Pancakes are great. My favorite uses heavier grain flour stuffed with blueberries and pecans and topped with pure Michigan Maple Syrup. But we can't live on pancakes alone. We need other nutrients. And Lent is about ensuring we get what we need for holistic health.

That's why Asbury and three other Flint area churches are teaming up both on this series and on a unique study that kicks off on Wednesday, March 9. We're planning two times, one at Noon and the other in the evening. Everyone is invited to participate. See our Book Club News article for more details.

Our new series, which will take us through March and end with Easter, is focused on food. We all require food to live, and let's face it, good food is a real treat. But we also need spiritual food that comes from the Word of God. So anticipate a balanced diet and a variety. On two Sundays, March 13 and 27, the four pastors are on the road.

Expect Pastor Jeremy Pastors from Court Street UMC to be at Asbury on March 13, and Pastor Greg Timmons from Calvary UMC on March 27.

I pray that you will join us each Sunday morning at 10:30 am. We share our weekly episodes on our [YouTube channel](#). We go live at 10:30 am. You can find these links along with more information about us, or join our live broadcast on our [website](#) at [FlintAsbury.org](http://FlintAsbury.org).

Pastor Tommy

## Fish (You feed them).... *cont. from pg 1*

this will total 21 meals each week and just under 1,100 meals in a year.

Across the city, somewhere around 285 Thousand meals are eaten daily. This means that, on average, we collectively consume almost one million meals each week as a city.

That's a lot of chicken and a whole lot of sides.

Our bodies require nutrients that are present in organic matter. This means that the things we eat were at one point alive. Whether fish, steak, or carrots, whether we're omnivores, carnivores, or vegans, we are all recyclers. And we depend on some part of creation for the nutrients necessary to sustain life.

According to an article written by Elaine Waxman and Megan Thompson and published by the Urban Institute, without proper nutrition, children are more vulnerable to lead poisoning. However, one in four children in Flint lives in a food-insecure household. This means that these families face significant obstacles in obtaining food that can protect their children and help them stay healthy.

Before the COVID-19 pandemic, approximately 1.3 Million people living in Michigan faced food insecurity. By 2021 this number increased by 600 Thousand, bringing the number close to the 2 Million mark. That's almost 6 Million meals each day where availability, access, economic, and other barriers get in the way of families receiving the nutrition necessary for good health.

The number of children living in food-insecure homes increased by over 60% during the pandemic. This is even worse news for Flint children, in particular, who may already be struggling with the negative affects caused by the presence of lead in their skeletal tissue.

It's no wonder that food comes up in scripture so often. And it's not surprising that potlucks are a familiar ritual found in every culture and religion. Nutrition is necessary for life.

Jesus and His followers spent a lot of time on the road. And since Jesus often drew large crowds in remote areas, supertime sometimes came with logistical problems. Hospitality in any culture calls for setting another place at the table for company. Still, even full cupboards run out at some point. Large crowds and limited cupboards create logistical challenges at supertime.

We find a story in the gospel of Luke about just such a time.

Jesus and His followers host a revival in a remote area with thousands attending. It's been a great experience. Folks are getting healed, saved, and inspired. The worship band was dope, the sermons moving, and the crowds couldn't get enough.

But it's getting late, and as usual, Jesus didn't seem to plan ahead and never worried about things like meals. Fortunately, some members of His posse were worriers and made sure that Jesus knew that trouble was

brewing before it got out of hand. And this time, the whole gang could see a storm coming.

According to Luke, His entire inner circle came to Jesus and said, "Send the crowds away to the nearby villages and farms, so they can find food and lodging for the night. There is nothing to eat here in this remote place" (Luke 9:12 NLT).

Picture yourself as one of the disciples that day. What are you expecting Jesus to do? The problem of feeding such a large group is easily imagined. I've helped with preparing and serving meals to a few hundred people before. And I've seen videos revealing an inside look at a commercial kitchen preparing meals for larger crowds. There's always a lot of commotion and yelling with large quantities of ingredients everywhere.

But this wasn't the scenario. There was no commercial kitchen and little or no ingredients. And I'm sure that the disciples were genuinely concerned. Jesus likely noticed them talking among themselves through the corner of His eye while He was talking. He likely noticed their anxiety grew as the sun moved closer to the western horizon.

So at the break, they decided that this was too important for one or two of them to confront Jesus with the apparent problem. They all went to Him with their solution

Access to food involves both availability and the means of access. The pandemic reminded us that even if we have the money to purchase food, our money does us no good if the shelves are empty. And if we live in a community without a grocery store, we face obstacles that most people in this country don't face.

But even if the shelves at the local grocery store are full, if we can't afford to put the items in our cart to put a meal on the table, then full shelves do us no good.

Who is Jacob in this case?

When Esau returned from hunting hungry and had no apparent access to food, Esau's power over Jacob as the firstborn shifted to Jacob, who now held power over Esau. Jacob used his power as barter to take Esau's birthright from him. The question of right or wrong is an ongoing debate, and we take sides depending on our situation. And this part of the story is worth debating. But it's not the only lesson found in this story.

Whenever we hold power over others, there is a temptation to use our power in ways that allow us to hold onto our power and sometimes to gain more. If you've spent time on the serving size of a soup kitchen, you've experienced a power imbalance. Are you willing to switch sides with those you're serving? Are you willing to hand your soup ladle to the family that hadn't eaten for a day?

It's a rare person who would say yes to handing over their position of power and surrendering their security. Even if it meant that a stranger, or a family member, would no longer be in a position of depending on someone else for food. Fortunately, God doesn't ask us to do this.

“Look, I'm dying of starvation!” said Esau. “What good is my birthright to me now?”

Genesis 25:31

But it seems that God wants us to be aware of the power imbalance and safeguard against the temptation to exploit it. Moreover, we are called to share what we have, and to do so in ways that remove walls that power differentials create between us.

The scene that played out in the kitchen that day between Jacob and Esau had lasting consequences. A day of reckoning did come for Jacob as it does for you and me. Jacob used short-term desperation to exploit his brother. Esau took a myopic view of his circumstances that cost him dearly over the longer term.

I invite you to join us for worship during this season of Lent as we consider the ways that scripture addresses the subject of food. In addition, we'll continue to celebrate Black History with celebrity guest interviews. We gather in the Asbury Arts Center in person and online on YouTube and Facebook. Video replays are available to watch later.

You can join us each Sunday online by going to the button on the homepage of our [website](#) - [Click here to watch](#). This button takes you to our [YouTube channel](#). You can find more information about us on our website at [FlintAsbury.org](#).

A reminder that we publish this newsletter that we call the *Circuit Rider* each week. You can request this publication by email. Send a request to [connect@FlintAsbury.org](mailto:connect@FlintAsbury.org) or let us know when you send a message through our [website](#). We post an archive of past editions on our website under the tab, Connect - choose [Newsletters](#).

Pastor Tommy

<sup>1</sup> David Robson. “Why are we short-sighted?” © BBC January 16, 2015.

## Life Groups Questions & Notes:

*Where could I get enough meat for all these people? They keep whining and asking for meat. I can't be responsible for all these people by myself; it's too much for me!*

Numbers 11:4-20 (GNT)

### NOTES FROM WORSHIP

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### QUESTIONS FOR LIFE GROUPS

1. Read Numbers 11:4-20. Can you place yourself in this story? What would be your reaction to eating manna every day? Should it make a difference that God freed this group of people from slavery? Why? Would it make a difference to you if God took away a significant problem for you but the solution required total dependence on God and a boring diet?
2. In what ways has listening to Pastor Jeremy's message (either in person or online) changed your perspective on this story? On your own life?
3. How can the members of your group help you this week and on-going to help you to be more receptive to hearing and understanding the Word of God? Pray for each other to have the Holy Spirit bless you with more courage.

# “Feed Flint”



## “Feed Flint”

Page 10



A meal goes a long way for a senior living alone, a family struggling to make ends meet, or a child fearful of empty shelves at home. But for the residents of Flint who carry the effects of lead-tainted water, nutrition is critical. Feed Flint provides locally grown, chemical-free, fresh produce to residents living in and around Flint. And we're hoping that you can help us provide 10,000 meals this summer.

Feed Flint includes takeout meals, produce boxes with recipes, and home deliveries as part of our work to guide and support families in moving to sustainable abundance. The reality is that Michigan's food insecurity levels got worse during the COVID-19 pandemic, and this summer's recovery is leaving behind those at the most risk of having to miss meals.

### **Flint families continue to struggle with the ongoing effects of the water crisis.**

We're bringing together the resources of the Asbury Community Development Corporation. This includes Asbury Farms, the South Flint Soup Kitchen, the Asbury Community Help Center, multiple food pantries, and our Sizzling Culture Mobile Food Trailer. Our plan is to care for our neighbors when they need it most. We accept all people as they are, and our doors are always open to anyone.

Asbury Farms provides locally grown produce used to create fabulous and nutritious meals. Our seed-to-table approach is community-based. This not only helps families make it through emergencies and crises. We help move families towards sustainable abundance.

Our Sizzling Culture program provides jobs and new skills to our city's youth. This includes year-round employment. Our staff and most of our volunteers come from the neighborhoods we support. We call this sustainable abundance because families move from need-based on scarcity to enough based on community-generated abundance.

Our work is also about food and justice. Our vision is a revitalized community where every resident can use their talents and passions for the common good, where children grow into active citizens. And all residents can enjoy safety, good health, and a culture that fosters life-long learning and satisfying lives. This summer, help us address food insecurity and strengthen Flint's budding local food system by supporting the Feed Flint campaign. Thank you for taking the time to see what we're doing and considering how you can help.

Donate to our Feed Flint Campaign by visiting:  
[flintasbury.org/feed-flint-donate](https://flintasbury.org/feed-flint-donate)

SOUTH FLINT SOUP KITCHEN

# MARCH GIVEAWAY DATES



Angel Closet – APPOINTMENT ONLY!

**March 9th & 23rd**

Call 810-239-3427 or email  
southflintsoupkitchen@gmail.com for  
an appointment.

Food Giveaways – NO APPOINTMENT  
NEEDED!! **11am-Noon**

**March 16th & 30th**

**SOUTH FLINT SOUP KITCHEN  
3410 FENTON ROAD  
3 BLOCKS NORTH OF ATHERTON ROAD  
FLINT, MI 48507**

MASKS REQUIRED FOR ENTRY, IF YOU DON'T HAVE ONE,  
ONE WILL BE PROVIDED FOR YOU!

**This institution is an equal opportunity provider.**



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**- TRY OUR WEEKLY VEGGIE BOX FOR \$10.00 -**

**SIGN UP FOR A FREE ASBURY FARMS ACCOUNT TODAY**

**AND**

Receive a \$15 credit on your account for your first purchase

**CREATE YOUR OWN VEGGIE BOX**

Select what goes in your box from each week's harvest. Get \$5 off your next order when you fill your box with \$15 of produce.

**WANT US TO DECIDE FOR YOU?**

Choose Veggie Box Subscription and we will fill your order with a variety of each week's harvest. Pay when you pick up your box. **A \$15 VALUE FOR \$10.**

**\* CONVENIENT PICKUP AT ASBURY OR AT THE SOUTH FLINT SOUP KITCHEN \***

anticipating that Jesus would agree that it was time to send the crowds on their way.

But instead, we read in verse 13 that Jesus said, "You feed them."

Can you imagine how well that went over? Unfortunately, Luke leaves out details of the exchange between Jesus and His followers. Had this happened enough times in the past that His followers knew the routine? Likely not. Were they accustomed to Jesus being unreasonable about His expectations of them? Perhaps.

"But we have only five loaves of bread and two fish," they answered. "Or are you expecting us to go and buy enough food for this whole crowd?"

I'm guessing that the disciples knew the answer. I don't mean the ultimate solution. Only the answer to the question they asked. Jesus was likely aware that they didn't have enough money to purchase that much food. And by the time they returned with the ingredients, there wouldn't be enough time to prepare a meal.

I imagine Jesus seeing the worried expressions on the faces of His friends. An expression that He's seen a lot, particularly from you and me. Fortunately, Jesus sees a teaching opportunity. Not just for His disciples, but for the gathered crowd, and for us.

God warns us through the Prophet Isaiah not to settle for just going through the motions when it comes to our devotion to God. Instead, we are asked to share our food with the hungry, and give shelter to the homeless. And to give clothes to those who need them (Isaiah 58:7).

**There is nothing to eat here in this remote place. But Jesus said, "You feed them."**

Luke 9:12-13

As the demands on our time and resources increase, it can feel like something has to give. Even the more faithful recognize that the cupboard empties. But Jesus sees beyond our doubt and invites us to trust that God's provisions are more than enough. And this is hard when we don't know where the time and resources are coming from.

But the resources show up in time and in abundance over and over again. God is as predictable as our worried expressions.

I believe that when others learn about the work that gets done by the people who call themselves United Methodists here in Flint, they feel compelled to help. And the divine grace that creates their compulsion lies at the heart of God's Word found in this text from Isaiah. "You will be like a garden that has plenty of water, like a spring of water that never goes dry," God says through the Prophet. And I see this in the people around me. I feel this in the depths of my soul (Isaiah 58:11).

Perhaps it is the abundance surrounding me as I walk around the Asbury Farms campus that sits a short walk from the church. Or it could be the massive water bills that come across my desk from the farm team keeping our crops sufficiently irrigated. Yet, I experience God's promise each time I observe the volunteers at the Asbury Community Help Center or the South Flint Soup Kitchen.

Instead of sending the people away because there wasn't enough, Jesus organizes a banquet beginning with a seating chart. First, He instructs His disciples to "Tell them to sit down in groups of about fifty each." And after the people were seated, Jesus took the groups of about fifty each." And after the people were seated, Jesus took the five loaves and two fish, looked up toward

heaven, and blessed them. Then, breaking the loaves into pieces, he kept giving the bread and fish to the disciples so they could distribute it to the people.

The details of what happened that day leave us to speculate on how it happened, but perhaps this isn't important. Instead, the story is crystal clear about the what and who. The story ends with everyone eating as they wanted and the disciples picking up twelve baskets of leftovers. God provides abundantly when everyone is given equal access.

Feeding Flint is not a problem of enough. It's a problem of available healthy options and equitable access. To learn how you can help address food insecurity in our community go to [FeedFlint.org](http://FeedFlint.org).

I invite you to join us for worship during this season of Lent as we consider the ways that scripture addresses the subject of food. In addition, we'll continue to celebrate Black History with celebrity guest interviews. We gather in the Asbury Arts Center in person and online on YouTube and Facebook. Video replays are available to watch later.

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Pastor Tommy

<sup>1</sup> Elaine Waxman and Megan Thompson. "Poor nutrition leaves kids vulnerable to lead poisoning—and not just in Flint." © Urban Institute, April 7, 2016.

God-given gifts and talents, together with the resources God trusted in our care to live the Way of God's kingdom.

Some trust in war chariots and others in horses, but we trust in the power of the Lord our God.

*Psalm 20:7*

Following the Way is difficult in a country with vast resources, a strong national pride, and a propensity to utilize intimidation to get our way. And too many of our leaders are accustomed to getting ahead of their competition at all costs. Many are willing to compromise any sense of divine ethic in their quest for power. Nevertheless, scripture teaches us that God's justice always prevails.

Psalm 20 addresses this dilemma directly by reminding us that while some trust in tanks and missiles, the faithful trust in the power of God. Those who depend on their own ability to dominate their enemies will stumble and fall, says the Psalmist, while the faithful will rise and stand firm (Psalm 20:7-8).

I invite you to join us for worship as we study the Way that Jesus teaches us to live as followers. This month, in particular, we celebrate Black History month with celebrity guest interviews. We gather in the Asbury Arts Center in person and online on YouTube and Facebook. Video replays are available to watch later.

You can join us each Sunday online by going to the button on the homepage of our [website](#) - [Click here to watch](#). This button takes you to our [YouTube channel](#). You can find more information about us on our website at [FlintAsbury.org](#).

A reminder that we publish this newsletter that we call the *Circuit Rider* each week. You can request this publication by email. Send a request to [connect@FlintAsbury.org](mailto:connect@FlintAsbury.org) or let us know when you send a message through our [website](#). We post an archive of past editions on our website under the tab, Connect - choose [Newsletters](#).

Pastor Tommy

- <sup>1</sup> Nelson Tebbe, Micah Schwartzman and Richard Schragger. "The Quiet Demise of the Separation of Church and State." © New York Times, June 8, 2020
- <sup>2</sup> Andrew Higgins. "A 'Breakdown of Trust': Pandemic Corrodes Church-State Ties in Russia." © *New York Times*, May 5, 2020.
- <sup>3</sup> "How Christianity Came to Ukraine and Russia." © Christianity Today, March 2022.
- <sup>4</sup> Brian Zahnd. *Postcards from Babylon: The Church In American Exile*. Spello Press, 2019.



***ASBURY UNITED METHODIST WOMEN***

**Invite you to join us in a Special Lenten Project**

***"FORTY DAYS ~ FORTY ITEMS"***

Wednesday, March 2, 2022 is the first day of Lent. I have a challenge for you!

Each day of Lent, starting with Ash Wednesday, remove one item from your closet that you no longer wear or need (or doesn't fit) and put it into this trash bag\*. At the end of the forty days, we will donate these items to The Angel Closet at our South Flint Soup Kitchen. This way you will be able to share them with someone who can really use them!!

So instead of "giving up" Chocolate or French Fries for Lent, please give from your heart so we can help with clothes for our neighbors at The Angel Closet. Plus you'll be getting a head start on your own spring cleaning!

\*All items must be clean and not torn or ripped or stained. We are giving these items away to our clients and if you won't wear it, we don't want to have them wear these items either.

If you have any questions, please call UMW President Michele Weston at (810) 624-1184.



\$1 raffle with  
proceeds going  
toward Asbury  
Empowerment  
Arts Center!

# 3rd Annual Asbury Flint Film Showcase

Join us for a night of  
popcorn, drinks & amazing  
local & independent flicks!



**Friday, March  
25th**

Doors open at 6:30pm  
Event starts at 7pm

**FREE**  
ADMISSION

Asbury Church  
1653 Davison Road ★  
Flint, MI 48506



Questions or wish to  
submit a film? Call Katelin  
at 810-239-3427 or email  
[katelin@flintasbury.org](mailto:katelin@flintasbury.org)



OPEN MIC  
ASBURY CHURCH



March 18th

EMAIL OR CALL KATELIN WITH QUESTIONS

**KATELIN@FLINTASBURY.ORG OR  
810-239-3427**

\$1 RAFFLE FOR ASBURY EMPOWERMENT ARTS CENTER

**FAMILY FRIENDLY, ALL ARE WELCOME!**

Asbury Church  
Doors open at 6:30pm, show 7pm  
1653 Davison Road  
Flint, MI 48506



## Guail (Hungry)



We read in the stories of found in the Book of Numbers how the Israelites grew tired of manna. Usually we read this story and say, “man, those whiny Israelites. Why can’t they be happy with the miraculous bread God gave them?”

Fortunately for all of us, God sees past our whining just as God did in this case. Instead of telling the Israelites to just be happy they’re eating at all, God gives them quail.

Let’s shift our perspective a bit.

We are blessed to have the Reverend Jeremy Peters of Court Street United Methodist Church offering our teaching for this Sunday. This article is a brief summary of the scripture that Pastor Jeremy plans to address and not necessarily a summary of the actual content. Be sure to join us in person or online for this special occasion.

Cyndi, Asbury Worship Leader

Where could I get enough meat for all these people? They keep whining and asking for meat. I can’t be responsible for all these people by myself; it is too much for me!

Numbers 11: 13-14

I have always sort of felt like the Israelites have a point. Manna was pretty weird stiff, and it probably was not fun eating the same thing day after day. I can remember taking a group of kids to work at a soup kitchen and they were shocked when one of the women complained about the food. “How can you complain about free food?”

But we all require more from food than cheap calories and full bellies. Food is part of the joy that God created us to experience. And everyone deserves a little variety and nutrition in their diet, whether they’ve paid for it or not.

And perhaps, God acknowledges this by sending quail, even if God does it in a passive aggressive sort of way. God hears the voice of the Israelites, and recognizes the validity of their complaint.

Do we hear the voices of our neighbors?

Feeding Flint is not a problem of enough. It's a problem of available healthy options and equitable access. To learn how you can help address food insecurity in our community go to [FeedFlint.org](https://www.feedflint.org).

Pastor Jeremy